"THE MEADOWS MESSENGER"

Ann Dietz, Publisher

February 2017, Issue



November and December Financial Reports

We hope that you find this information helpful as you pray for this congregation and evaluate your giving and participation in the worship, work and mission of this part of the Body of Christ. Sincerely, the Session and Pastor

Tithes and Offerings needed for each week of this year = \$1,702.00. This figure is based on a total 2016 budget of \$88,504.00 which was approved by the Session on December 27, 2015.

DECEMBER

Total Tithes and Offerings	
needed (4 weeks)	\$6,808.00
Actual Tithes and Offerings	
received (4 weeks)	\$6,307.00
This results in a budget	
shortage for this month	(\$501.00)
Total Expenses (4 weeks)	\$8,656.88
resulting in a shortage for	
the month	(\$2,349.88)

2016 YEAR-TO-DATE

Total Tithes and Offerings	
needed (52 weeks)	\$88,504.00
Actual Tithes and Offerings	
(52 weeks) received	\$74,756.02
This results in a budget	
shortage to this point	(\$13,747.98)
Total Expenses (52 weeks)	\$77,024.79
This results in a shortage	
to expenses for the year	(\$2,268.77)

JANUARY

Most of you already know that this congregation is in a transition period as described in the Session Highlights at the top of the next column. Gathering all the data from 2016 and setting up the new system has taken a little longer than I anticipated and so there is no financial report available for January at this time. I expect everything to be completed very soon and so next month you will see the usual information for this section of the newsletter.

Session Highlights

Stated Meeting – December 18th

The Session:

- Examined elders-elect, Lelia Bruder and Kathy Staton (who were then ordained and installed to active service during the worship service on January 22nd).
- Approved the financial report for November.
- Discussed the change-over to our new financial secretary (Shelia Young) and a new accounting system (Power Church). Most of the billing addresses have been updated and the account information with Morganton Federal will be updated soon.
- Approved the hanging of a quilt in the new fellowship hall in honor of Mrs. Daisy Clement.

Stated Meeting – January 22nd

The Session:

- Approved the December 2016 financial report.
- Approved the following calendar items for the Christian Education Committee
 - A Spaghetti Luncheon on February 12th following worship.
 - o Saturday, August 19th, Vacation Bible School from 10:00 3:00
 - December 17th the children's Christmas program @ 5:00 followed by the usual covered dish dinner
- Approved the following Session meeting dates:
 - The fourth Sunday of each month, following worship except for August and December. The Session will meet as follows during those months:
 - August 20th
 - December 17th.
- Approved communion dates:
 - The first Sunday of every month, except where a change is needed. The first such change will be in April

- where we will celebrate the Lord's Supper on April 09th.
- o Maundy Thursday April 13th
- o Homecoming August 27th
- o Christmas Eve December 24th
- Approved Chaplain Michael Costner to preach on April 02nd.
- Re-elected Judy Galey to serve as the Clerk of Session for 2017.
- Elected Riddle Smith to serve as the Session representative on the Elder Nominating Committee for 2017.
- Elected Lelia Bruder and Kathy Staton to act as our representatives at the presbytery meeting in Lincolnton on January 28th.
- Signed an endorsement letter for Pastor Yvonne to enroll in the Doctor of Ministry program at Pittsburgh Theological Seminary.

On Sunday, January 15th we installed Lelia Bruder and ordained and installed Kathy Staton to active service on the Session for the next three years.







I know that we just celebrated Christmas but it is not too early to let you know our plans for participation in Operation Christmas Child 2017. The Christian Education Committee has already purchased enough 'action figure' toys for 54 boxes. What that means is that we need items to go in 54 boxes for boys in the age group of 9-11.

Due to changes in customs regulations, we can <u>no</u> longer send <u>toothpaste or candy</u> but all the other usual items are acceptable. So, as you are shopping in the dollar stores and as you come across sales go ahead and buy the items we usually need. There are labeled bins in the food pantry room below the sanctuary where you can drop off what you buy. In case you need a reminder, here is a list of some of the things we like to collect:

School supplies: pencils, erasers, rulers, pens, note pads, solar calculators

Health supplies: band aids, tooth brushes, soap, deodorant, nail clippers

Art supplies: crayons, coloring books, color pencils

Miscellaneous: boys socks, small stuffed animals, small cars and trucks, stickers, small story books

We will update you (probably in the summer), on what items we need. Thanks for your support of this mission project of the Christian Education Committee.

The Pastor's Ponderings

During the month of February some of us (maybe most of us) will participate in celebrating Valentine's Day. Some of us will buy cards or candy or flowers or some other gift for a special person to express our love for him or her. Or, we

might receive one or more of these expressions of love. But, Valentine's Day is an awkward time for many of us. Men tend to feel the pressure to buy something for the 'love of their lives' and women feel the pressure not to expect 'too much' from the important men in their lives. Some of us just try to ignore Valentine's Day altogether because it carries with it those childhood memories of being the one child in the classroom who did not get a valentine or the child who got the fewest valentines. Or maybe we are grieving the loss of a loved one and so Valentine's Day will be especially painful this year.

Whether you love Valentine's Day or hate it; whether you look forward to it or avoid it 'like the flu', it is a good reminder that love is an important part of our human relationships and love is an important characteristic of God's interactions with us. The following is part of a sermon by Robert L. Cobb, Administrator of News for Christians, which might help us see Valentine's Day in a new way. (I have edited it for clarity and added some of my own thoughts.)

Love Written In Blood A Valentine's Day Message

On January 26th, 2005 a California train derailed, killing 11 people and injuring over 200. One of those 200 survivors was a 44 year old man named John Phipps. Phipps was pinned in the wreckage of the train by an upended train seat. As he regained consciousness, he examined his head and body and realized that he was bleeding badly. Thinking that he might be dying, Phipps wrote this message on the train seat – in his own blood: "I \(\times\) my kids. I \(\times\) Leslie."

Later Phipps said, "It wasn't a conscious thought. I've always told my wife and kids I loved them, and it just happened. I didn't plan it. I didn't say: I have to leave a last word. I just wrote it without thinking."

His rescuers came on the scene minutes later and saw the message. Fire Captain Robert Rosario said, "I've seen some gruesome things on this job, but that moved me. My only thought was, I have to get that seat to his wife and kids." His wife said about the message, "Hallmark is never going to top that. It's moving, it's thoughtful and it's chilling all at the same time."

John Phipp's message in blood was not a promise to be fulfilled in the future but a declaration of who he already was. It was a testimony to the importance of his present relationships with his wife and children. Nevertheless, his bloody words did have an effect in the future. After his stay in the hospital, he (with his wife and children) and his rescuers held a press conference and announced his story to the world. The story of his love, expressed at a given point in time, is still being told today and is still having an effect on those who hear it or read it.

John Phipps did not set out to prove his love for his wife and family when he wrote of his affection for them, but it **was** proof, just the same. Real love gives, real love acts, real love is so much a part of our relationships that we don't always have to think about how to show it. Someone once said, "You can give without loving, but you can never love without giving."

The story of John Phipps and his message written in his own blood is a moving one, especially at this time in which we celebrate human love with Valentine's Day. But, there is another moving love story written in blood: the love of God expressed to us in Jesus Christ. (This is basically the end of the excerpt from Rev. Cobb's sermon. He goes on to say a lot more about God's love but I, your pastor, want to focus on several points which Rev. Cobb does not spend much time on.)

One thing we can proclaim about God's love in Jesus Christ is that it is tangible. By that I mean, God chose to show his love for us in the flesh and blood of the real human being, Jesus. God had tried other ways to help us understand his commitment to us. The Bible is full of stories about God's covenants with his people, the many times he provided for them and saved them from their enemies, and how he sent the prophets to warn them over and over again about the

consequences of their neglect and rebellion. In the end, however, God chose to come to us in the flesh, to enter into this fallen world in a human body to make sure we could understand how much he was willing to sacrifice to give us new life. Two passage of Scripture are especially relevant on this point:

John 1:1-4 and 14 says, "In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. ... And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth." — In this passage, John gives us a powerful revelation, a powerful statement of faith: Jesus Christ, the flesh and blood human being, was in fact the very Word of God who had come to live among us to show God's great love for us. But, God does not stop there.

Later, the Apostle Paul proclaims the same theme in his letter to the Colossians and then expands on it. Colossians 1:15-20 says, "[Jesus Christ our Lord] is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers – all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross."

Do you see it? First, Jesus is God's love in flesh and blood. Second, Jesus shed his blood for us as a declaration of God's love which was already in him. Jesus' blood – while in his body and when

shed on the cross – is God's voice announcing to us "I love you; I always have and I always will." One more piece of Scripture: In Ephesians 1:4-5 we read: "[God] chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will ..." - John Phipps loved his wife and children 'since the day he met them' but God has loved us long before we were born. God did not have to 'get to know us' before he loved us. God loves us and always will love us ... because to love is the core of his nature. God was willing to write his love for us in the blood of Jesus because his eternal and sacrificial love for us has been in his heart since before the world began.

I cannot think of any gift of love I would rather receive, no gift of love I would rather know on Valentine's Day (or any other day) than the never ending, life-giving, wonder working love of God which can be experienced in Jesus Christ. Amen.

Here is a footnote to John Phipps' story: He is a production worker in an aerospace plant in Burbank, CA. Before the train wreck, he was unknown to the rest of the world. Now he will forever be known as "the man who wrote his love in his blood".

As I was reading in preparation for writing the January 29th sermon I came across this story:

A young preacher was asked by the local funeral director to hold a graveside burial service at a small local cemetery for someone with no family or friends in the community. The preacher started early but quickly got himself lost, making several wrong turns.

Eventually, a half-hour late, he saw a backhoe and its crew, but the hearse was nowhere in sight and the workmen were eating lunch. The diligent young pastor went to the open grave and found the vault lid already in place.

Talking out his service book, he read the words for a graveside service. Feeling guilty because of his tardiness, he preached an impassioned and lengthy sermon, sending the deceased to the great beyond in style.

But as he was returning to his car, he overheard one of the workmen say, "I've been putting in septic tanks for 20 years and I ain't never seen nothing like that before!"

You may have seen this story before, but my brother shared this with me a while back and I wanted to pass this important news story on to you:

After having dug to a depth of 10 feet last year, New York scientists found traces of copper wire dating back 100 years and came to the conclusion, that their ancestors already had a telephone network more than 100 years ago.

Not to be outdone by the New Yorkers, in the weeks that followed, a California archaeologist dug to a depth of 20 feet, and shortly after, a story in the LA Times read: "California archaeologists, finding traces of 200 year old copper wire, have concluded that their ancestors already had an advanced high-tech communications network one hundred years earlier than the New Yorkers."

One week later, The Atlanta Journal, a local newspaper in Atlanta, GA reported the following: After digging as deep as 30 feet in his pasture near Jonesboro, GA, Bubba Brown, a self-taught archaeologist, reported that he found absolutely nothing. Bubba has therefore concluded that 300 years ago Georgia had already gone wireless.

Cowboy Wisdom

Will Rogers, who died in a 1935 plane crash in Alaska with bush pilot, Wiley Post, was one of the greatest political, country/cowboy sages this country has ever known.

Some of his sayings:

• Never slap a man who's chewing tobacco.

- Never kick a cow chip on a hot day.
- Never miss a good chance to shut up.
- Always drink upstream from the herd.
- If you find yourself in a hole, stop digging.
- The quickest way to double your money is to fold it and put it back into your pocket.
- Good judgment comes from experience, and a lot of that comes from bad judgment.
- If you're riding ahead of the herd, take a look back every now and then to make sure it's still there.
- Lettin' the cat outta the bag is a whole lot easier than puttin' it back in.

Did you know ...?



You're supposed to lay a wooden spoon over the top of a your pots to prevent spillover when things boil. The wooden spoon can take more heat than its plastic counterparts and it pops the steam bubbles.



Quiet Prayer

There is nothing better than people praying for you. This prayer is powerful, and prayer is one of the best gifts we receive. There is no cost but a lot of rewards. Let's always pray for one another.

The Prayer:

Father, thank you for each and every day You have blessed us here on earth. Thank You for Your tender mercies.

Thank you for giving us friends and family to share joys and sorrows with. I ask You to bless our friends, relatives, brothers and sisters in Christ.

Where there is joy, give them continued joy. Where there is pain or sorrow, give them your peace and mercy. Where there is self-doubt, release a renewed confidence.

Where there is need, fulfill their needs. Bless their homes, families, finances, their goings and their comings. In Jesus' name. Amen.



Good Health Veggies

It's been said that God first separated the salt water from the fresh, made dry land, planted a garden, and made animals and fish ... all before making a human. He made and provided what we would need before we were born.

These 'good health veggies' are best and more powerful when eaten raw. We're such slow learners. God left us a great clue as to what foods help what part of our body! God's Pharmacy! Amazing!

A sliced carrot looks like the human eye. The pupil, iris and radiating lines look just the human

eye. And yes, science now show carrots greatly enhance blood flow to and function of the eyes.

A tomato has four chambers and is red. The heart has four chambers and is red. All of the research shows tomatoes are loaded with lycopine and are indeed pure heart and blood food.

Celery, Bok Choy, Rhubarb and many more look just like bones. These foods specifically target bone strength. Bones are 23% sodium and these foods are 23% sodium. If you don't have enough sodium in your diet, the body pulls it from the bones, thus making them weak. These foods replenish the skeletal needs of the body.

Avocados, Eggplant and Pears target the health and function of the womb and cervix of the female. They look just like these organs. Today's research shows that when a woman eats one avocado a week, it balances hormones, sheds unwanted birthweight, and prevents cervical cancer. And how profound is this? It takes exactly nine (9) months to grow an avocado from blossom to ripened fruit. There are over 14,000 photolytic chemical constituents of nutrition in each one of these foods. Modern science has only studied and named 141 of them.

Sweet Potatoes look like the pancreas and actually balance the glycemic index of diabetics.

Onions look like the body's cells. Today's research shows onions help clear waste materials from all of the body cells. They even produce tears which wash the outer layers of the eyes. A working companion, garlic, also helps eliminate waste materials and dangerous free radicals from the body.

Crabby Old Man - Life 101

When an old man died in the geriatric ward of a nursing home, it was believed that he had nothing left of any value. Later, when the nurses were going through his meager possessions, they found a poem:

Its quality and content so impressed the staff that copies were made and distributed to every nurse in the hospital. One nurse took her copy to Alberta, Canada. The old man's sole bequest to posterity has since appeared in the Christmas edition of the News Magazine of the St. Louis Association for Mental Health. A slide presentation has also been made based on this simple but eloquent, poem. This little old man, with nothing left to give to the world, is now the author of this "anonymous" poem winging across the Internet.

The Poem:

What do you see nurses? What do you see? What are you thinking, when you're looking at me?

A crabby old man, not very wise,
Uncertain of habit, with faraway eyes?
Who dribbles his food, and makes no reply.
When you say in a loud voice, "I do wish you'd try!"

Who seems not to notice, the things that you do.
And forever is losing, a sock or a shoe?
Who, resisting or not, lets you do as you will,
With bathing and feeding, a long day to fill?
Is what you're thinking? Is that what you see?
Then open your eyes, nurse, you're not looking at me,

I'll tell you who I am, as I sit here so still,
As I do at your bidding, as I eat at your will,
I'm a small boy of ten, with a father and mother,
Brothers and sisters, who love one another
A young boy of sixteen, with wings on his feet.
Dreaming that soon now, a lover he'll meet.
A groom soon at twenty, my heart gives a leap.
Remembering the vows, that I promised to keep.
At twenty-five, now, I have young of my own.
Who need me to guide, a secure happy home.
A man of thirty, my young now grown fast.
Bound to each other, with ties that should last.
At forty, my young sons have grown and are gone,

But my woman is beside me, to see I don't mourn.

At fifty, once more, babies play 'round my knee. Again, we know children, my wife and me. Dark days are upon me, my wife's now dead. I look at the future, and shudder with dread. For my young are all rearing, young of their own.

And I think of the years, and the love that I've known.

I'm now an old man, and nature is cruel.

'Tis jest to make old, grace and vigor depart.

There is now a stone, where I once had a heart.

But inside this old carcass, a young boy still dwells,

And now and again, my battered heart swells.

I remember the joys. I remember the pain.

And now I'm loving and living, life over again. I think of the years, all too few, gone too fast.

And accept the stark fact, that nothing can last.

So open your eyes, people, open and see.

Not a crabby old man, look closer, See me!!!

Remember this poem when you next meet an older person who you might brush aside without looking at the young soul within. We will all, one day, be there too! If we're lucky.

P.S. The best and most beautiful things of this world can't be seen or touched. They must be felt by the heart.

Below are messages put on a sign board at a Seattle Propane Co. in front of their business. Whoever was in charge of this sign had a great sense of humor.

FROG PARKING ONLY All OTHERS WILL BE TOAD

IS THERE EVER A DAY THAT MATTRESSES ARE NOT ON SALE *******

I WAS ADDICTED TO THE HOKEY POKEY BUT I TURNED MYSELF AROUND

WENT TO THE AIR & SPACE MUSEUM BUT THERE WAS NOTHING THERE

HOLD THE DOOR OPEN FOR A CLOWN IT'S A NICE JESTER

IF PRIDE COMES BEFORE A FALL HUMILITY SHOULD COME BY WINTER ********

BETWEEN TWO EVILS I ALWAYS PICK THE ONE I'VE NEVER TRIED

CURE FOR AN OBSESSION: GET ANOTHER ONE

I''M STILL HOT, IT JUST COMES IN FLASHES NOW

THE FIRST 5 DAYS AFTER THE WEEKEND ARE THE HARDEST

I CHILD PROOFED MY HOUSE BUT THE KIDS STILL GET IN

BAN PRE-SHREDDED CHEESE, MAKE AMERICA GRATE AGAIN

IF ATTACKED BY A MOB OF CLOWNS GO FOR THE JUGGLER

THE PAST, PRESENT & FUTURE WALK INTO A BAR, IT WAS TENSE

A CLEAR CONSCIENCE IS THE SIGN OF A FUZZY MEMORY

DOES SEVEN DAYS WITHOUT MEAT MAKE ONE WEEK?

Your Yearly Dementia Test!

(Only 4 questions this year)

Yep, it's that time of year again for us to take our annual senior citizen test. Exercise of the brain is as important as exercise of the muscles. As we grow older, it is important to keep mentally alert. If you don't use it, you will lose it!!!

Here is a very private way to gauge how your memory compares to your last test. Some may think it is too easy, but the ones with memory problems may have difficulty.

Take this test to determine if you're losing it or not. OK, relax, clear your mind and begin.

1. What do you put in a toaster?

Answer: "Bread", if you said toast, just give up now and go do something else. And try not to hurt yourself. If you said, bread, go question #2.

2. Say "silk" ten times. Now spell "silk" What do cows drink?

Answer: Cows drink water. If you said "milk" don't attempt the next question. Your brain is already over-stressed, and may overheat. Content yourself with reading more appropriate literature such as Women's Weekly or Auto World. However, if you did say "water" proceed to Question #3.

3. If a red house is made from red bricks and a blue house is made from blue bricks, and a pink house is made from pink bricks, and a black house is made from black bricks, what is a green house made from?

Answer: Greenhouses are made from glass. If You said "green bricks", why are you still reading this??? Please, go lie down! But, if said glass, go to question #4.

4. Please do not use a calculator for this, because it would be cheating: You are driving a bus from New York City to Philadelphia. In Staten Island, 17 people got on the bus. In Brunswick 6 people get off the bus and 9 people get on. In Windsor, 2 people get off and 4 get on. In Trenton, 11people get off and 16 people get on. In Bristol, 3 people get off and 5 people get on. And, in Camden, 6 people get off and 3 get on. You then arrive at Philadelphia

Station. Without going back to review, how old is the bus driver?

Answer: Oh, for goodness sake! Don't you remember your own age??? You were driving the bus!



If you pass this along to your friends, pray they do better than you. P.S. 95% of People fail most of the questions!

Clean the Swamp

Warren Buffett is asking everyone to forward this to a minimum of 20 people, and to ask each of those to do likewise.

In three days, most people in the U.S. will have the message. This is an idea that should be passed around. Let's see if Washington understands what people pressure is all about.

Salary of retired U.S. Presidents – \$180,000, for life!

Salary of House/Senate members – \$174,000, for life!

Salary of Speaker of the House – \$223,000 for life!

Salary of Majority/Minority Leaders – \$193,000, for life!

Average salary of a Teacher – \$40, 465. Average salary of a deployed Soldier – \$38,000.

Here is where the cuts should be made.

Warren Buffett, in a recent interview with CNBC, offers one of the best quotes about the debt ceiling: "I could end the deficit in five minutes," he told CNBC. "You just pass a law that says that anytime there is a deficit of more than 3% of GDP, all sitting members of Congress are [not] eligible for re-election."

The 26th Amendment (granting the right to vote for 18 year-olds) took only 3 months and 8 days to get ratified. Why? Simple! The people demanded it. That was in 1971, before computers, e-mail, cell phones, etc.

Of the 27 amendments to the Constitution, 7 took 1 year or less to become the law of the land, all because of public pressure.

Congressional Reform Act of 2017

- 1. No Tenure/No Pension. A congressman or congresswoman collects a salary while in office and receives no pay when they are out of office
- 2. Congress (past, present, & future) participates in Social Security. All funds in the Congressional retirement fund move to the Social Security system immediately and all such funds in the future flow into the Social Security system. Congress participates with the American people. It may not be used for any other purpose.
- 3. Congress can purchase their own retirement plan, just as all Americans do.
- 4. Congress will no longer vote themselves a pay raise. Congressional pay will rise by the lower of CPI or 3%.
- 5. Congress loses their current health care system and participates in the same health care system as the American people.
- 6. Congress must equally abide by all laws they impose on the American people.
- 7. All contracts with past and present Congressmen and congresswomen are void effective 3/1/17. The American people did not make this contract with them. Congress made all these contract for themselves. Serving in Congress is an honor, not a career. The Founding Fathers envisioned citizen legislators, so ours should serve their term(s), then go home and go back to work.

This is how we fix Congress!!!

A Teacher asked her students, "If there seven flies and I hit one with a ruler, how many are left?" One boy replied, "Just the squashed one."

A Supply Officer asked the new recruit if his new uniform fit him.

"The jacket isn't bad, Sir," the recruit replied, "but the trousers are a little loose around the armpits."

The Goings On at QMPC in February

Elders on Call

Jan 29-Feb 04 – Doris Whisnant

Feb 05-11 – Lelia Bruder

Feb 12-15 – Kathy Staton

Feb 19-25 – Ann Dietz

Children's Sermon and Downstairs Adult

Feb 05th – Ruth Pershing, Gladys Ross

Feb 12th – Darleen Caputo, Betty Williams

Feb 19th – Heather Kramer, if no visit w/shut-ins

- Christine Rose

Feb 26th – Ruth Pershing, Lelia Bruder

Other Calendar Items

Feb 12th – Spaghetti Lunch following worship. Any money donated for this meal will be used to off-set some costs for the next Bring Harvest Home food distribution.

Actual Conservations and Directory Inquires from World Call Centers

Caller: I'd like the number of the Arged Fish Bar in Cardiff, please.

Operator: I'm sorry, there is no listing. Is the spelling correct?

Caller: Well, it used to be called The Barged Fish Bar but the "B" fell off.

Then there was the caller who asked for a knitwear company in Woven:

Operator: "Woven? Are you sure?"

Caller: "Yes, That's what it says on the label: Woven in Scotland."

On another occasion, a man making heavy breathing sounds from a phone box told a worried operator:

"I haven't got a pen, so I'm steaming up the window to write the number on."

Tech Support: "Ok, in the bottom left hand side of the screen, can you see the 'OK' button displayed?"

Customer: "Wow, how can you see my screen from there?"

Just Plain Neat Information

- Glass takes one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!
- Gold is the only metal that doesn't rust, even if it's buried in the ground for thousands of years.
- Your tongue is the only muscle in your body that is attached at only one end.
- If you stop getting thirsty, you need to drink more water. When a human body is dehydrated, its thirst mechanism shuts off.
- Zero is the only number that cannot be represented by Roman numerals.
- Kites were used in the American Civil War to deliver letters and newspapers.
- The song "Auld Land Syne" is sung at the stroke of midnight in almost every Englishspeaking country in the world to bring in the New Year.
- Drinking water after eating reduces the acid in your mouth by 61%. Drinking a glass of water before you eat may help digestion and curb appetite.
- Peanut oil is used for cooking in submarines because it doesn't smoke unless it's heated above 450° F.
- The roar that we hear when we place a seashell next to our ear is not the ocean, but rather the sound of blood surging through the veins in the ear.

- Nine out of every10 living things live in the ocean.
- The banana cannot reproduce itself. It can be propagated only by the hand of man.
- Airports at higher altitudes require a longer airstrip due to lower air density.
- The University of Alaska spans four time zones.
- The tooth is the only part of the human body that can't heal itself.
- In ancient Greece, tossing an apple to a girl was a traditional proposal of marriage. Catching it meant she accepted.
- Warner Communications paid 28 million for the copyright to the song "Happy Birthday", which was written in 1935.
- Intelligent people have more zinc and copper in their hair.
- A comet's tail always points away from the sun.
- The Swine Flu Vaccine in 1976 caused more death and illness than the disease it was intended to prevent.